

Packing list –

We recommend layering.

- Pants (jeans/leggings/tracksuit)
- T-shirts (no singlets)
- Long sleeved shirts
- Jumpers (its freezing - remember!?)
- Pyjamas
- Thermals
- Waterproof jacket
- WATER BOTTLES
- Shoes (sandals are allowed, runners, boots, sneakers)
- Thongs/slides for the showers
- Underwear
- Socks
- Towels
- Necessary toiletries
- Sleeping bag and a pillow
- Pants and a shirt which you won't mind getting dirty
- OPTIONAL:
 - Chultzah (blue movement shirt with red string)